



COWETA SPOTLIGHT

Volume 4, Issue 1
September 2011

INTRODUCTION

To the students returning this year - welcome back! To the new students joining our family this year, welcome to Coweta County School System!

My name is Jennifer Williams and I am the Parent Mentor for Coweta County School System. I started working as the Parent Mentor in the Spring of 2008. My mission is to provide support, information and resources to families of children with disabilities and the professionals who serve them.

I use this newsletter as a way of providing resources to our families. Our community offers a lot for children with special needs and this newsletter will give me the opportunity to share these resources with you.



In addition to the newsletter, I email families regularly with information on seminars local to our area along with support groups, classes and general information. If you know anyone interested in joining my mailing list, please have them email me at jenn.williams@cowetaschools.net.

I HOPE EVERYONE HAS A WONDERFUL SCHOOL YEAR!

FOOD FOR THOUGHT

Food for Thought is a Dietary Intervention Support Group led by Dr. Jill Dickerson and Georgia Fruechtenicht. The group focuses on dietary modifications, supplements and changing a child's diet to improve function. I will send out an update once I receive the day and time of the next scheduled meeting. Until then, check out their Webinars at www.p2pga.org. Click on the Education heading, and look for Archived Webinars tab on the left.

For more information on the group, or to volunteer as a supporting parent, please contact Georgia at georgia@p2pga.org or 678.736.7337.

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*And it is still true,
no matter how old
you are, when you
go out into the
world it is best to
hold hands and
stick together*

Robert Fulghum

SUGGESTED BOOKS AND MEDIA

1. **Parent to Parent of Georgia**—A first stop for families! www.p2pga.org Be sure to check out their Roadmap to Services. P2P will also match you to another parent based on your needs.

2. **FOCUS (Families of Children Under Stress)** — www.focus-ga.org

3. **Coweta County School System**—
www.cowetaschools.net - Under Programs & Projects, Click on Special Education.

4. **The Out of Sync Child: Recognizing and Coping with Sensory Processing Disorder** by Carol Stock Kranowitz and Jane Miller

5. **FODAC** (Friends of Disabled Adults and Children). Provides equipment and services to the community at little or no cost. www.fodac.org

6. **Fragile Kids** - Hope and help, here and now, for Georgia's medically fragile children. www.fragilekids.org



PARENT 2 PARENT OF GEORGIA

Parent 2 Parent of Georgia is your first stop for help! P2P provides support, information, education and leadership opportunities to families of children with disabilities.

Would you like advice from someone who has walked in your shoes? P2P can connect you with other parents with similar experi-

ences. Do you need to find resources local to your area? Finding resources and accurate information is just a phone call or click away!

For more information, visit their website at www.p2pga.org. Here you will find:

- Roadmap to Services
- Webinars

- Training Calendars
- Department of Education Fact Sheets
- One on One Assistance
- Supporting Parents

Or you can call them at 1.800.229.2038. Why wait? Another parent is waiting to talk to you!



Monday's Child



Monday's Child is a class for parents of challenging children who have had chronic discipline problems in being successful in school. The next session will begin **October 10** and will focus on homework interventions and strategies.

The classes are held at the Coweta County School System Parent Resource Center located on Nimmons Street (next door to Atkinson Elementary). For more information, please contact Sherry Warren at 770.254.2810.

CHAMPIONS FOR CHILDREN

The Champions for Children program provides support services and financial assistance to families of children who are not eligible for the Katie Beckett Medicaid Waiver.

The program provides direct financial assistance and support services to Georgia's medically fragile and special needs children and their families. They can help with items not covered by private insurance, such as medical supplies, co-pays, deductibles, respite care, therapy and recreational activities.

Eligibility:

- Have applied for the Katie Waiver and received a letter of denial

- Age 21 and under
- Live at home
- Have a physical, cognitive, developmental or medical disability

For more information, visit their website at www.championsforchildrenga.org or you can contact a Champions Coordinator at 866.584.3742.



CALENDAR OF EVENTS

Katie Beckett Deeming Waiver Seminar - Tuesday, September 20 at the Rutledge Center from 6:30-8:30pm. For more information, please contact Linda Wilson at 770.463.1658.

Special Olympics Golf Tournament - Friday October 7 at Orchard Hills Golf Course. All proceeds benefit Coweta County athletes. For more information, please contact Jay Jones at 678.229.8523.

4th Annual Shopping Bazaar - Saturday October 8 at the Coweta County All Purpose Building (39 Hospital Road) from 9:00-3:00pm. For more information, please contact Teresa McDonald at 706.948.0033 or 706.328.9424.

SUPPORT GROUPS

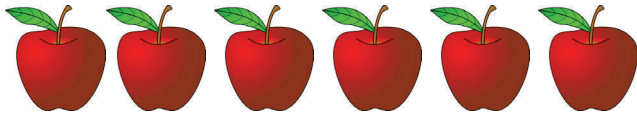
Coweta Supporters of Developmental Disabilities - Meetings will be held at The Rutledge Center on Hwy 34 Bypass. For more information, please contact Linda Wilson at 770.463.1658 or lpwilson01@gmail.com

The Upside of Down's - A Down's Syndrome Support Group. For more information, please contact Julie Anderson at 678.850.9445 or humann44@yahoo.com.

FOCUS (Families of Children Under Stress) - For more information, please contact Amy Sheffield at 770.317.5397 or asheffie1995@yahoo.com.

Asperger's Family Support - A support group for families living on the spectrum. For more information, please contact Georgia Fruechtenicht at 678.736.7337 or georgia@p2ppga.org.

KID'S SECTION



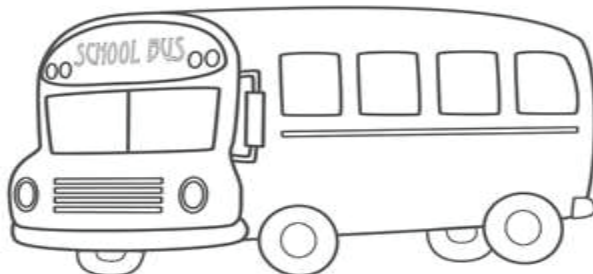
Put these "Back to School" words in alphabetical order

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

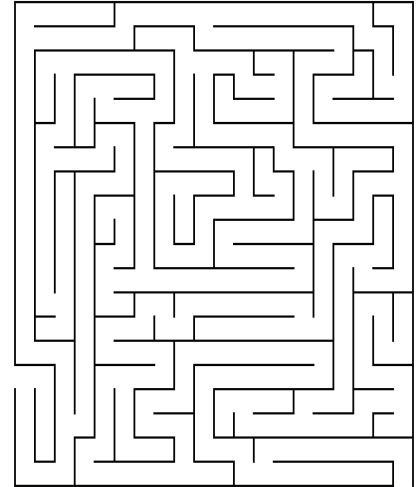
PENCIL BUS TEACHER BOOKBAG DESK
 CAFETERIA HOMEWORK STUDENTS
 FRIENDS LUNCH



I believe in you!!



Help the children find their way to school



Sudoku for Kids

| | | | |
|---|---|---|---|
| | 3 | 2 | |
| 1 | | | 3 |
| 2 | | | 4 |
| | 4 | 1 | |

Place a digit from 1 to 4 in each empty cell so every row, every column and every 2x2 box contains all the digits 1 to 4.