

*We worry about what a child will become tomorrow, yet we forget that he is someone today." ~Stacia Tauscher*

# COWETA SPOTLIGHT

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## CALENDAR OF EVENTS

**November 19:** Dietary Intervention Support Group Monthly Meeting. Topic will be "Intro to Vitamin & Mineral Supplementation". Learn the basics of supplementation including the signs of vitamin and mineral deficiencies. Meeting will be held at Cornerstone United Methodist Church (Thomas Crossroads) from 7-9pm.

**November 21:** Down Syndrome Association of Atlanta Fall Conference. Will be held at the First Presbyterian Church in Peachtree City. RSVP by November 12 at [www.atlantadsaa.org](http://www.atlantadsaa.org). For more information, please contact Jenn Williams at 770.254.2771 or at [jenn.williams@cowetaschools.net](mailto:jenn.williams@cowetaschools.net).

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## HENRY WINKLER

Henry Winkler is best known for his role as the "ultra-cool" Fonzie on Happy Days. After that, he went on to play various roles on television, theater and even directed. At the age of 64, Henry Winkler can add author to his list of achievements. He co-authored a series of children's books about a fourth-grader with dyslexia, "Hank Zipzer: The World's Greatest Underachiever," and speaks out often about the learning challenge. Henry Winkler talks of his own struggle with dyslexia in an interview in April 2009. According to Winkler, you learn to cope and you learn to negotiate your learning challenges. Take the way you learn and find strategies to promote that. He says "It was my very dyslexia that pushed me forward. I became a success, but still, reading is very difficult for me. Every book I read is a triumph. Math is still difficult. Spelling is out of the question." He feels that "children with a learning challenge have great gifts inside them. They need to be encouraged to dig them out and give them to the world." Truly, words to live by!

*And it is still true,  
no matter how  
old you are -  
when you go out  
into the world, it  
is best to hold  
hands and stick  
together.*



# Sensations Therafun

Sensations Therafun is a multisensory activity center located in Atlanta. They offer a wide range of services to families that satisfy the sensory needs of their children. They are open to all ages and all physical abilities. This is a great place for kids currently in therapy or who just need a fun place to play!



- Exercise mats
- Balance beams
- And much more!

There is also a large art room for painting, drawing, crafts, writing and much more!

Sensations Therafun offers:

- Climbing walls
- Zip line
- Monkey bars
- Swinging rings
- Suspended swings

For more information on Sensations Therafun, visit their website at [www.sensationtherafun.com](http://www.sensationtherafun.com) or call them at 404.634.3500.

## SUGGESTED BOOKS AND MEDIA

[Parent to Parent of Georgia](http://www.parenttoparentofga.org)—A first stop for families.  
[www.parenttoparentofga.org](http://www.parenttoparentofga.org)

[Parenting Special Needs magazine](http://www.parentingspecialneeds.org)—A magazine raising awareness and sharing life's lessons.  
[www.parentingspecialneeds.org](http://www.parentingspecialneeds.org)

[Coweta County School System](http://www.cowetaschools.net)—Under Programs & Projects, Click on Special Education. This is a great resources for families. [www.cowetaschools.net](http://www.cowetaschools.net)

[The Out of Sync Child: Recognizing and Coping with Sensory Processing Disorder](http://www.fodac.org) by Carol Stock Kranowitz and Jane Miller

[www.fodac.org](http://www.fodac.org)—Friends of Disabled Adults and Children. Provides equipment and services to the community at little or no cost.

[www.localkidfun.com](http://www.localkidfun.com) - Website offers family fun local to your community.

[www.fragilekids.org](http://www.fragilekids.org) - Hope and help, here and now, for Georgia's medically fragile children.

## Activities & Strategies for development

Physical Development—Make your own obstacle course. Have your child climb through, over and under objects, walk on lines, footprints, planks, etc. Be sure to stay close to your child in case they need help.

Emotional & Social Development—Cut out magazine pictures of people showing different feelings. Have your child glue the pictures to a piece of paper. Encourage your child to talk about the feeling. Younger children can talk about the picture, older children can write about the feeling.

Approaches to Learning—Help your child learn how to follow

through with a task by planning an activity that involves short periods over the entire day. For example, bake a cake from a recipe, then waiting for it to cool before frosting.

Language & Literacy Development— Encourage your child to write letters to family and friends. Talk about what to put in the letter and how to address the envelope.

Cognitive Development— Create your own scavenger hunt! Come up with a list of items that can be found around your house. See who can find all the items first. Create a second list for items you might find in a store, maybe another list for a long road trip.

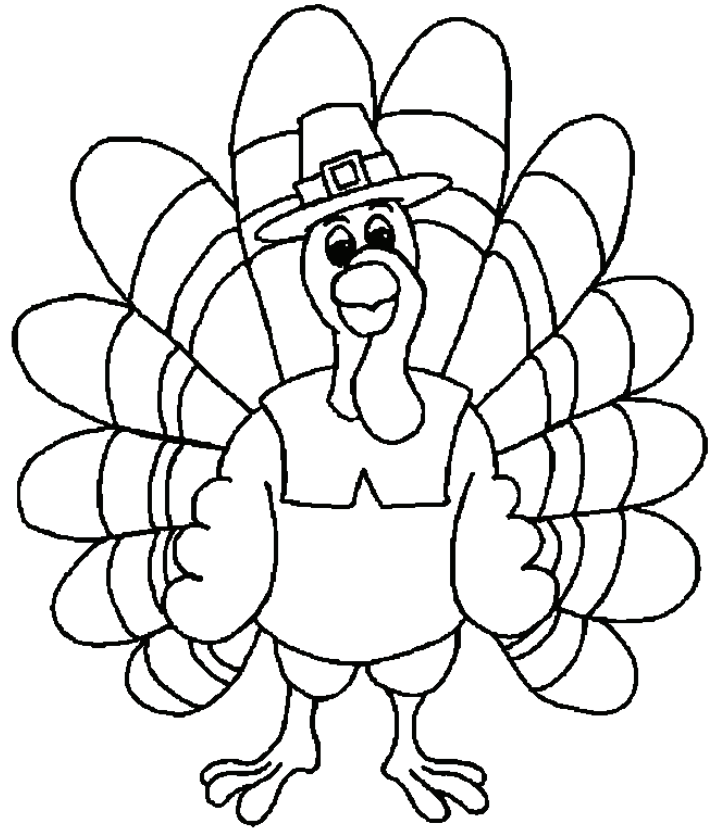
# KIDS SECTION



*I believe in you!*

## Thanksgiving Word Scramble

1. fstaе \_\_\_\_\_
2. tkhfanlu \_\_\_\_\_
3. stfnugif \_\_\_\_\_
4. fiymal \_\_\_\_\_
5. pslgmiri \_\_\_\_\_
6. pkpunmi \_\_\_\_\_
7. hvartes \_\_\_\_\_
8. diernn \_\_\_\_\_
9. tkeruy \_\_\_\_\_
10. pei \_\_\_\_\_

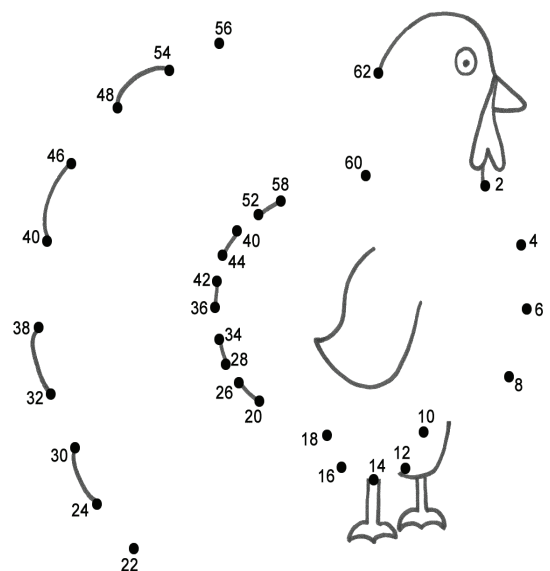


## CONNECT THE DOTS COUNTING BY 2'S

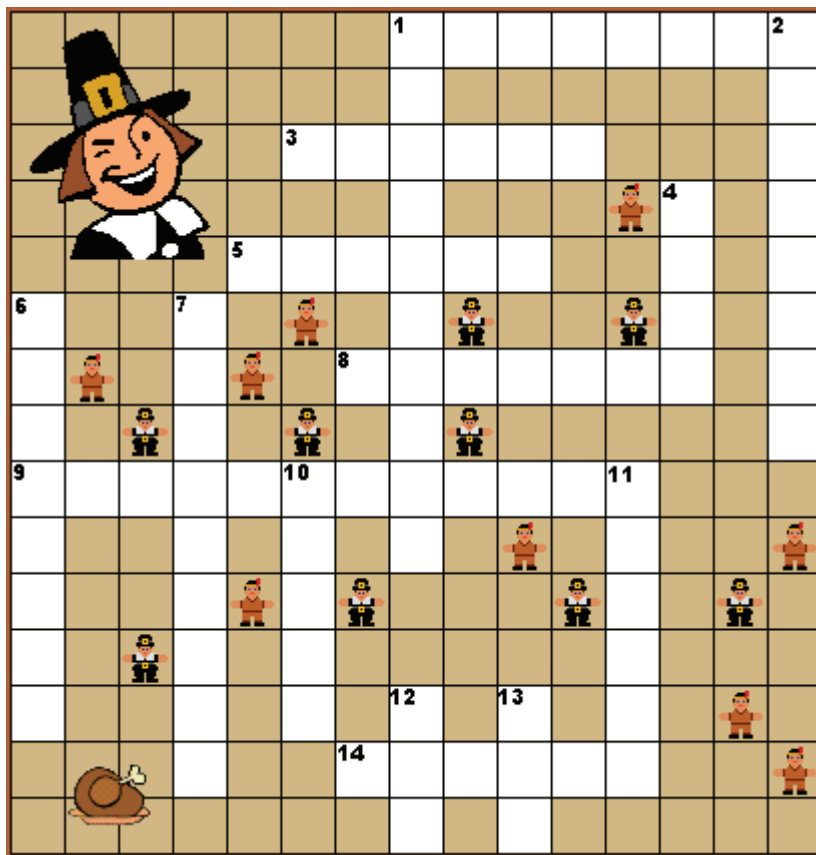
*FABULOUS      GREAT      AMAZING*  
*SWEET      BEAUTIFUL*  
*WONDERFUL      CREATIVE      LOVING*

## WORDS TO TELL YOUR CHILD DAILY

*INCREDIBLE      FANTASTIC*  
*EXTRAORDINARY      EXCELLENT*  
*MARVELOUS      SUPERB*  
*BRILLANT      SMART*



# THANKSGIVING CROSSWORD PUZZLE



## ACROSS

1. Who were the first settlers that celebrated Thanksgiving?
3. These are the people you eat Thanksgiving dinner with.
5. What is the most common main dish for Thanksgiving dinner?
8. Who did the pilgrims celebrate Thanksgiving with?
9. What big holiday is celebrated in November?
14. You watch this Thanksgiving morning on TV.

## DOWN

1. This pie is orange. [HINT: You see a lot of them at Halloween.]
2. What can you find inside of a Thanksgiving turkey?
4. What is another word for "sweet potatoes?"
6. Dad's watch this game on TV after Thanksgiving dinner.
7. This food is red in color.
10. Who is the famous guy who appears at the end of the Thanksgiving parade?
11. What does a turkey say?
12. What animal loves to beg for some of your turkey dinner?
13. What do you do most of on Thanksgiving day?