



Recreation Therapy Programs Winter/Spring



Bowling Fun for the Family

Days - Monday's & Thursday's
Time - 4-5 pm (Year Round)
Location - Junction Lanes
Fee - \$3 per person each week
For \$3 each you can play as many games as your want for one hour. The cost includes shoe rental. Ramps are available for wheelchair bowlers. Let the desk know you are with Special Olympics.



Hit The Trail Walking Club

Days - Wednesday's Feb. 3 - March 10
Time - 4-5 pm
Location - First Ave. Park, Newnan
Bring a water bottle and wear your walking shoes for a walk around the park. Participants will be encouraged to do interval walking - rotating periods of fast walking and slow walking - while practicing good posture. **Registration required!** Minimum: 4 Maximum: 12

Teen Social Club

Monthly - Third Thursday of each month.
Age - Middle & High School students only.
Time - 6:00-8:00 pm
Fee - Cost of admission & food—as noted below.
Students must have transportation to and from facilities.

February - Bowling & Dinner at Junction Lanes, Newnan \$10

March - Movie, Pizza & Life Skill—Fire Safety at Red Cross Office \$5

April - Glow-n-the dark golf & Dinner at Junction Lanes, Newnan \$10

May - Dance at Fair Grounds "Sock Hop"
Cost—Treat for food table.

Registration required! Minimum: 6 Maximum: 20

Sock Hop Dance

Day - Thursday, May 20
Time - 7-9 pm
Age - 8 to adult
Fee - Treats & goodies for food table
Location - Coweta Fair Grounds Main Building

Get out your poodle skirts, white tee shirts and jeans, slick back your hair and come join the fun as DJ Steve Allen spins the tunes! **Parents are needed to chaperone, decorate and clean up.** Call Kelly if you can help!



Jaycee's Summer Camp Info.

June 23-27—A free residential camp for any special needs child or adult at Camp Dream in Warm Springs, GA. Service provided on a first come first serve bases. To get more information go online for registration forms at www.jayceescampdream.org. Several of our students went last summer and loved it! There is a camp limit, so you **must** register early to get a spot!

Special Olympics Sports Training

(All participants must have a medical on file with Coweta County Special Olympics to register for these sports activities. Programs are free, but registration is required, call Kelly at 770-254-5546, ext. 203.)

Swimming Lessons

Day—Saturday's, March 6—April 24
Time—Session I - beginner 11:30-12:15
Session II - advance 12:30-1:30
Pool is closed on days with thunder storms.
Location - YMCA Pool
Ages - 8 to adults
Athletes will work on specific strokes and developmental skills. Maximum session I: 2 to 5 students
Maximum session II— 10 to 15 students



Tennis Lessons

Day—Tuesday's, March 2- May 11
Time - 4:00—5:00 pm
No lessons on bad weather days.
Location - Coweta County Recreation Dept.
Ages - 12 to adults



Soccer Skills & Team

The Coweta County Soccer Ass. has volunteered to provide at least 4 Sunday afternoon soccer training programs for SO athletes and parent volunteers in order to form a SO soccer team. Athletes will work on specific soccer skills with typical peer partners while parent volunteers learn the skills needed to coach a soccer team from the associations certified coaches. **We need your help to start this program!** Call today to sign up your child and to coach a team, be an assistant coach or be a team mom. Without parent help this program Athletes should have a medical on file before the first practice to participate. Call or email Kelly today to sign up.



Special Olympics Summer Camp

July 12 -July 16, 2010 at Camp Will—A-Way in Windsor, GA. The camp will promote activities that provides sports training while also encouraging athletes to play, laugh and have fun as individuals and teammates. Activities includes sports training as well as leisure activities. Applicants must be a registered athlete 13 to 18 years old who possess adequate self help skills and have no behavioral problems. **The camp is free, but has limited spaces.** For an application call or email Kelly.

To register for these activities call Kelly at 770-254-5546, ext. 203.

Special Events

Sock Hop

Spring Dance
May 20th
7-9 pm
Coweta Fair Grounds

Masters Bowling Tournament

Junction Lanes
February 5 at 9:00

CCSO Local Track & Field Competition

Newnan High
April 28, 9:30-2:00
Rain date April 29

CCSO Local Bowling Tournament

May 14
Junction Lanes
9:00 - 2:00

State SO Summer Games

May 21-23
Emory University

Cheerleading Competitions

Cheersport Nationals—Feb. 6-7
Georgia World Congress Center

International
April 17-18
Georgia World Congress Center

Cheer Parent Meeting
March 7, 1:30
At NSG